**GASTROSCOPY INSTRUCTION SHEET**

**Procedure Date\_\_\_\_\_\_\_\_\_\_\_** **Arrival Time at Hospital \_\_\_\_\_\_\_\_**

**Physician:**  **Dr. Saul Mandelbaum**

**3030 Lawrence Ave. E., Suite 209**

**Scarborough,  ON, M1P 2T7**

**416-431-1242   fax 416-431-0836**

**Location of procedure**

**(one of)**

|  |  |  |
| --- | --- | --- |
|  **SCARBOROUGH HOSPITAL**  ***GENERAL CAMPUS***  **3050 Lawrence Avenue East** **(at McCowan Road)** **3rd Floor, East Wing** **416-431-8200**   |  **Please check in at Patient registration on the ground floor first**  |     |



**Day Prior to Procedure:**

* Nothing to eat or drink from Midnight. If your gastroscopy is later the next

 day, nothing to eat or drink 7 hours prior to exam.

**Day of the Procedure:**

* DO NOT EAT OR DRINK ANYTHING THAT DAY.
* If you take regular medication, you should have it the morning of the procedure

 with a few sips of water.

* **You MAY NOT drive or take the bus the day of the**

 **procedure.  Have someone drive you home. It cannot be an uber**

 **or taxi unless someone you know is with you.**