

PREPARING FOR YOUR TOE SURGERY

DR. SAUL MANDELBAUM

3030 LAWRENCE AVE. E., SUITE 209
SCARBOROUGH, ON, M1P 2T7
416-431-1242 FAX 416-431-0836



★ ★ 1 WEEK BEFORE YOUR SURGERY ★ ★

YOU WILL NEED THESE ITEMS FOR AFTER SURGERY:

- Ibuprofen 200mg and Tylenol 500mg for pain (100 of each)
- Unscented Epsom Salts (available at any pharmacy)
- 2x2 Non-Sterile 2 ply sponge gauze (pack of 200 squares)
- 4.1 yards of Non-Sterile Conforming Roll Bandage gauze (pack of 12 rolls)



You can purchase gauze at Shoppers Health Care location

ON THE DAY OF YOUR SURGERY, YOU NEED TO BRING:

1. Someone to drive you
2. Your health card
3. Velcro strap sandals to wear home (you will not be able to put on regular closed toe shoes or flip flops)



If you have any questions or concerns before your date of surgery, please call the office at 416-431-1242 or visit www.DrSaul.ca and send us a message.