**FLEXIBLE SIGMOIDOSCOPY**

**INSTRUCTION SHEET**

**Procedure Date\_\_\_\_\_\_\_\_\_ Arrival Time at Hospital \_\_\_\_\_\_\_\_\_\_**

**Physician: Dr. Saul Mandelbaum**

**3030 Lawrence Ave. E., Suite 209**

**Scarborough, ON, M1P 2T7**

**416-431-1242 fax 416-431-0836**

**Location of procedure**

**(one of)**

|  |  |  |
| --- | --- | --- |
| **SCARBOROUGH HOSPITAL** ***GENERAL CAMPUS*****3050 Lawrence Avenue East****(at McCowan Road)****3rd Floor, East Wing****416-431-8200** |  |  |

***CANCELLATION POLICY***

**Three working days notice is requested for cancellations. For insufficient notice a $100.00 charge may be levied for rebooking. Exceptions *will* of course be made for illness, injury or family emergencies. If you have a cold or flu and are unsure if you will be able to go for the test please cancel three working days ahead and you will be rescheduled at a very early date.**

**Day Prior to Procedure:**

* Use a FLEET ENEMA at 8 or 9pm

**Day of the Procedure:**

* No fasting required unless you are having sedation. If you are having sedation, nothing to eat or drink 7 hours prior to the test.
* Use a second FLEET ENEMA 1 hour prior to leaving home.
* If you are having sedation someone has to drive you home. It cannot be an uber or taxi unless someone you know is in the vehicle with you.